# **Healthy Smoothies**





## ONLY 30p EXTRA FOR LARGE SMOOTHIE

#### 1. Biceps Builder

Fresh Low Fat Pro-biotic Yoghurt, Protein Powder, Jumbo Oats, Banana, Fresh Orange Juice

#### 2. Banana Buzz

Fresh Low Fat Pro-biotic Yoghurt, Banana, Fresh Orange Juice

#### 3. Blueberry Bomb

Fresh Low Fat Pro-biotic Yoghurt, Blueberry, Banana, Fresh Orange Juice

#### 4. Cherry Spice

Fresh Low Fat Pro-biotic Yoghurt, Cherries, Fresh Orange Juice

#### 5. Coco Loco

Fresh Low Fat Pro-biotic Yoghurt, Coconut Milk, Pineapple, Banana, Fresh Orange Juice

## 6. Holiday Bliss

Fresh Low Fat Pro-biotic Yoghurt, Passion Fruit, Peach, Fresh Orange Juice

#### 7. Mango Berry

Fresh Low Fat Pro-biotic Yoghurt, Strawberry, Mango, Fresh Orange Juice

#### 8. Monkey Mania

Fresh Low Fat Pro-biotic Yoghurt, Peanut Butter, Banana, Honey, Fresh Orange Juice

## 9. Peach Berry

Fresh Low Fat Pro-biotic Yoghurt, Strawberry, Peach, Fresh Orange Juice

#### 10. Pineapple Punch

Fresh Low Fat Pro-biotic Yoghurt, Pineapple, Banana, Honey, Fresh Orange Juice

#### 11. Rasberry Ripple

Fresh Low Fat Pro-biotic Yoghurt, Rasberry, Banana, Honey, Fresh Orange Juice

#### 12. Mango Passion

Fresh Low Fat Pro-biotic Yoghurt, Mango, Passion Fruit, Fresh Orange Juice

#### 13. Strawberries & Cream

Fresh Low Fat Pro-biotic Yoghurt, Strawberries, Banana, Honey, Fresh Orange Juice

#### 14. Tropical Punch

Fresh Low Fat Pro-biotic Yoghurt, Pineapple, Passion Fruit, Banana, Fresh Orange Juice

## 15. Very Berry

Fresh Low Fat Pro-biotic Yoghurt, Mixed Berries, Fresh Orange Juice

## 16. Pineapple Bliss

Fresh Low Fat Pro-biotic Yoghurt, Pineapple, Honey, Fresh Orange Juice

#### 17. Strawberry Delight

Fresh Low Fat Pro-biotic Yoghurt, Strawberry, Honey, Fresh Orange Juice

#### 18. Carribean Splash

Fresh Low Fat Pro-biotic Yoghurt, Mango, Passion Fruit, Pineapple, Honey, Fresh Orange Juice

#### 19. Asian Twist

Fresh Low Fat Pro-biotic Yoghurt, Mango, Honey, Fresh Orange Juice

#### 20. Rasberry Cooler

Fresh Low Fat Pro-biotic Yoghurt, Rasberry, Honey, Fresh Orange Juice

Additional toppings - 50p each.

Please ask member of staff if you would like the smoothies without the yoghurt.